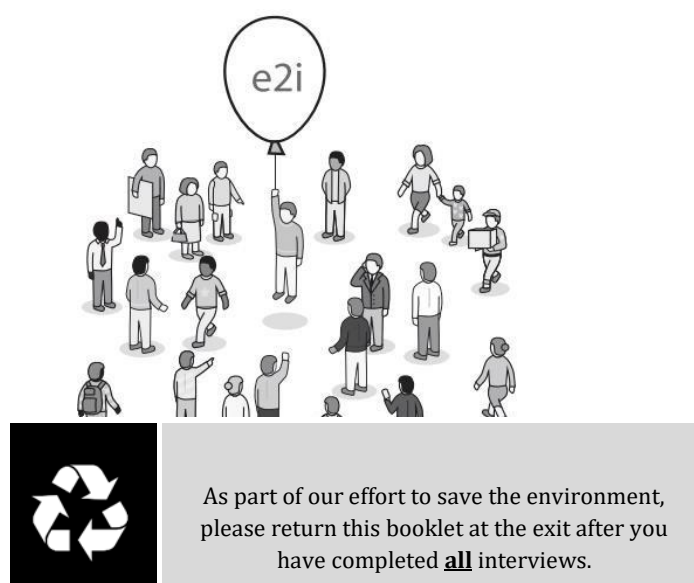


Republic Polytechnic Sports & Health Career Xposition

**SAFRA Toa Payoh, 293 Lorong 6
Toa Payoh, Singapore 319387**

22-23 August 2025

JOB LISTING BOOKLET



About e2i (Employment and Employability Institute)

e2i is the empowering network for workers and employers seeking employment and employability solutions. e2i serves as a bridge between workers and employers, connecting with workers to offer job security through job-matching, career guidance and skills upgrading services, and partnering employers to address their manpower needs through recruitment, training and job redesign solutions. e2i is a tripartite initiative of the National Trades Union Congress set up to support nation-wide manpower and skills upgrading initiatives. For more information, please visit www.e2i.com.sg

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#1 Fitness First Singapore

Join one of the world's leading fitness brands as a Personal Trainer at Fitness First Singapore! You'll guide members with personalised programs, small group sessions, and wellness support. This role suits sales-driven individuals passionate about fitness and building strong client relationships. Experience is a plus, but fresh candidates with certification (or pursuing one) are welcome. Enjoy attractive commissions, continuous learning, and a fun, supportive environment — the more you do, the more you earn. Turn your passion for fitness into a rewarding career with us at Fitness First!

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Fitness Instructor	<ul style="list-style-type: none"> We're looking for individuals who are passionate about fitness and eager to help others achieve their goals. Ideal candidates will have strong communication and interpersonal skills, with solid knowledge of exercise science and nutrition. Whether you're certified with industry experience or just starting out with the right mindset, we welcome you. You should be a team player who thrives in a fast-paced, people-focused environment and be open to working shifts, weekends, and public holidays. Certification sponsorship is available for the right candidates. 	<ul style="list-style-type: none"> Design and deliver personalised training programs based on each member's goals, leading engaging 1-on-1 and small group sessions with energy and expertise. Maintain a strong commitment to continuous learning and professional growth while staying informed on industry trends. Foster a positive and motivating presence within the club, drive personal training sales, consistently achieve performance KPIs, and build strong relationships through exceptional member service. 	<ul style="list-style-type: none"> 5.5-days work week 9 hours per shift Various locations
Membership Consultant	<ul style="list-style-type: none"> We're looking for a people-person with excellent communication and interpersonal skills, who thrives in a fast-paced, energetic environment. 	<ul style="list-style-type: none"> As a Membership Consultant, you'll engage with walk-in prospects and follow up on leads to drive membership sales, taking time to understand each individual's lifestyle and goals to recommend the most suitable package. 	<ul style="list-style-type: none"> 5-days work week 9 hours per shift Various locations

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
	<ul style="list-style-type: none">You should be motivated by targets, passionate about sales, and have a positive, eager-to-learn attitude. While sales experience is preferred, we value team players who are adaptable and ready to work shifts, weekends, and public holidays.	<ul style="list-style-type: none">You'll be expected to meet and exceed monthly sales targets and KPIs while building strong rapport with both members and potential clients through outstanding customer service.You'll also support club events, promotions, and outreach efforts, working closely with the team to ensure a smooth and engaging member experience.	

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#2 Innotrek Pte Ltd

Innotrek Pte Ltd is a leading outdoor adventure education company in Singapore, dedicated to developing character, leadership, and resilience in youths through experiential learning. Since 1999, Innotrek has partnered with schools, organisations, and government agencies to deliver impactful programmes that promote teamwork, self-discovery, and personal growth in outdoor settings. With a strong focus on safety, innovation, and values-driven education, Innotrek continues to inspire individuals to step out of their comfort zones and become better versions of themselves.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Freelance Camp Trainer	<ul style="list-style-type: none"> • Aged 18 years and above. • MOE IRS Certified. • Standard First Aid with CPR AED. 	<p>As a Camp Trainer with Innotrek Pte Ltd, you are responsible for facilitating outdoor adventure and character development programmes for students. Your role includes leading activities such as low elements, team bonding, and naturebased tasks while ensuring safety, engagement, and positive learning outcomes. You are expected to guide participants through challenges, foster teamwork, uphold discipline, and create meaningful, values-driven experiences aligned with MOE's 21st Century Competencies.</p> <p>Key Roles:</p> <ul style="list-style-type: none"> • Facilitate outdoor and teambuilding activities. • Ensure safety and manage risks during sessions. • Motivate and engage students with positive reinforcement. • Conduct reflection and debrief sessions. • Collaborate with trainers, teachers and camp leads. • Support student welfare and uphold camp discipline. 	<ul style="list-style-type: none"> • 3-days work week • 3 days, 2 nights • Singapore 757044

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#3 KK Women's and Children's Hospital

KK Women's and Children's Hospital has evolved over the decades, since its founding in 1858, into a leader in Obstetrics, Gynaecology, Paediatrics and Neonatology. Today, the 830-bed hospital is a referral centre providing tertiary services to manage high-risk conditions in women and children.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Wellbeing Coordinator	<ul style="list-style-type: none"> Diploma in Early Childhood Development, Social Work, Counselling, Psychology, Special Education, Nursing, Health & Wellness coaching, or equivalent. Ability to communicate effectively, both orally and in writing. Possesses records maintenance as well as organizing and coordinating skills. Strong word processing, receptionist and data entry skills Has knowledge of supplies, equipment and/or services ordering and inventory control. Ability to maintain calendars and schedule appointments. Ability to understand and follow specific instructions and procedures. Skillful in the use of operating basic office equipment. Ability to deal amicably with all levels of staff and external customers. Ability to maintain confidentiality of records and information. Supervisory skills. 	<p>The WBC is part of a care team that will provide identification of needs, anticipatory guidance, screenings and service coordination for clients assigned under their care. Expected roles include:</p> <p>Service Care Coordination and Case Management:</p> <ul style="list-style-type: none"> Employs effective communication and rapport building skills when interacting with antenatal patients, clients, families and staff. Collaborates with interdepartmental and external colleagues with the aim of providing holistic care and optimise health outcomes for antenatal clients recruited under the Home Visit Programme. Administrative and Systems Support. Support team with outreach and engagement efforts as required by programme. Assist in appointment scheduling and rescheduling and addresses client enquiries. (e.g. teaches the use of the Health Buddy for assessing their records and services (e.g. changing appointments). Navigates, troubleshoots and initiate discussions for IT issues that impacts service and operations, e.g. OAS/SAP/SCM/SSNet. Identifying needs and screening. Effectively manage patient caseloads at clinic touchpoints. Performs health and social screenings for antenatal clients. 	<ul style="list-style-type: none"> 5-days work week Office hours with exceptions Singapore 229899

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
		<p>(E.g. nutritional screening, mental health screening, home readiness and safety etc.)</p> <ul style="list-style-type: none"> • Maintains documentation and complete reporting requirements according to organisation standards. • Performs other job-related duties as assigned by Program Lead, Social Service Manager or Training Manager. 	
Community Health Visitor	<ul style="list-style-type: none"> • Degree in Early Childhood Development, Social Work, Counselling, Psychology, Special Education, Nursing or equivalent. • Diploma in Early Childhood Development, Social Work, Counselling, Psychology, Special Education, Nursing or an Advanced Healthcare related diploma from a recognized institution; with 2-3 years relevant work experience, which may include working with vulnerable children and families in a community setting or in infant and early childhood development (preferred). • Passionate and committed to work with pregnant mothers, caregivers and children from vulnerable families • Excellent team player with good interpersonal, communication and writing skills. 	<p>The CHV will deliver health and social integrated care for mother and child, focusing on antenatal and postnatal care, developmental-centered parenting, parent-child interaction and family well-being, with the aim of optimising every child's potential for healthy growth and development. The CHV is the keyworker who will support the mother-child dyad and family through home visits and clinic service touchpoints, also providing service coordination between patient/client/ family with healthcare and social service systems.</p> <p>Expected roles include:</p> <ul style="list-style-type: none"> • To support the pregnant mother during the antenatal period by providing anticipatory care and advice to optimise health, nutrition and improve birth outcomes. • Conduct mental wellness screenings and nutritional assessments for the pregnant mother, and to work with the trans-disciplinary team to make appropriate referrals when required. • To support mother and main caregivers in the postnatal period in parentcraft skills. • To build rapport and cultivate a positive relationship with parents/caregivers to impart child development knowledge and skills and facilitate parent- 	<ul style="list-style-type: none"> • 5-days work week • Office hours with exceptions • Singapore 229899

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
	<ul style="list-style-type: none"> • Dynamic, problem-solver, efficient, resourceful individual • Demonstrates initiative and has good organisational skills • Ability to independently travel to and from clients' homes for service delivery. 	<p>child bonding, developmental-centered parenting and family well-being.</p> <ul style="list-style-type: none"> • Conduct child development screening and work with the trans-disciplinary team to make family-centered recommendations. • To collaborate and partner community and social service agencies, or hospital specialists to provide necessary support for client and family. This includes inter-agency case conferences and discussions. 	

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#4 Methodist Welfare Services

To enrich the quality of life for the disadvantaged and distressed, through integrated and holistic services in partnership with Methodist churches and the community.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Executive – Volunteer Management	<ul style="list-style-type: none"> Diploma or Degree holder, preferably in community services, healthcare or social services. Experience in the social service sector will be an advantage. Passionate to work and interact with seniors in the community. Strong interpersonal skills and ability to manage and motivate a pool of volunteers. 	<ul style="list-style-type: none"> Volunteer Management, Recruitment, Training and Development. Outreach and Befriending Services. Programme Co-ordination and Administration. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5.30pm Singapore 511212
Senior Executive – Case Management	<ul style="list-style-type: none"> Diploma or Degree holder preferably in community and social services (senior services) or Psychology or Counselling or healthcare services. Experience in the social service sector will be an advantage. 	<ul style="list-style-type: none"> Case Management. Work with the AAC Team to design, implement activities and programmes that focuses on building the seniors' self-help capacity including. Administration. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5.30pm Singapore 511212

#5 Ministry of Education

The Ministry of Education (MOE) formulates and implements education policies on education structure, curriculum, pedagogy, and assessment.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Outdoor Adventure Educator	<ul style="list-style-type: none"> • Passion for character development in our students. • Keen interest in outdoor adventure activities. • Ability to connect and establish rapport with students. • Capability to perform and supervise activities at height and in water. • Ability to work collaboratively in a team. • Physical fitness and mental resilience to carry out responsibilities effectively. • Experience in conducting outdoor activities for students would be an advantage. 	<ul style="list-style-type: none"> • As an Outdoor Adventure Educator (OAE), you will have the opportunity to lead camping activities, facilitate learning, and ensure the well-being of students at MOE Outdoor Adventure Learning Centres. 	<ul style="list-style-type: none"> • 5-days work week • As an OAE, you will typically work 5 days a week, running a 4D3N or 3D2N camp, which may include Saturdays. Camps are residential and you will be rostered for some overnight duties. Off-in-Lieu/time-off will be granted for extra work hours after each camp. • Various locations
Education Officer	<ul style="list-style-type: none"> • At least 2 A-Level / H2 Level passes and 2 AO-Level / H1 Level passes, including General Paper or Knowledge and Inquiry. • A Polytechnic diploma. • An IB diploma. • Any other equivalent and relevant qualifications. 	<ul style="list-style-type: none"> • As teachers, you build the foundation of education. You equip students with essential skills and sound values to prepare them for life. Learn more about the programmes and schemes you can apply, to become a teacher. 	<ul style="list-style-type: none"> • 5-days work week • 7am to 4pm • Various locations

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#6 NHG Health

NHG Health is a leading public healthcare provider in Singapore recognised for its quality clinical care and its commitment in enabling healthier lives through preventive health, innovative solutions and person-centred programmes tailored to every life stage. Our integrated health system, which spans primary care, hospitals and national specialty centres, includes Tan Tock Seng Hospital, Khoo Teck Puat Hospital, Woodlands Health, Yishun Community Hospital, NHG Polyclinics, the Institute of Mental Health, National Skin Centre and the National Centre for Infectious Diseases.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Health Coach	<ul style="list-style-type: none"> Health/ Healthcare-related Diploma/ Specialist Diploma with 2 years of experience in health-coaching related roles preferred. Possess good interpersonal and communication skills; ability to work well in a multidisciplinary team. Proficient in local languages and dialects. Possesses positive work and learning attitude and good interpersonal skills, with a reasonable level of maturity to handle challenging behaviours. Well-versed in written and spoken English and a second language / local dialect will be advantageous. IT skills and ability to use Microsoft Office applications effectively are compulsory. Will be community-based and need to be stationed in community posts or conduct home visits. 	<ul style="list-style-type: none"> Conduct subjective and objective assessments to understand resident's current health status and health risks. Develop resident-centred S.M.A.R.T. goals in collaboration with the resident and other relevant stakeholders. Plan and recommend appropriate interventions (including education, teaching of self-management skills and signposting to relevant resources and services) based on assessment and goals established. Provide appropriate follow-up and evaluate coaching progress to modify coaching plans based on resident's progression, motivation and safety. Conduct health coaching in a group-based setting with supervision/ guidance. Evaluate outcomes of health coaching. Document and communicate assessments and health coaching plans to resident and other relevant stakeholders. Assist to lead in the conceptualization, design, implement and evaluate evidence-based lifestyle intervention group programmes. Assist to lead in the delivery of training for community partners. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5pm Various locations
Storekeeper	<ul style="list-style-type: none"> Provide quality customer service and assist the retail 	<ul style="list-style-type: none"> Assist the supervisors in the management of the inventory (drugs and consumables), 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5pm

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
	<p>supervisor in ensuring smooth operations in the retail pharmacy.</p> <ul style="list-style-type: none"> Assist the supervisors in inventory management of the retail pharmacy and ensure accurate documentation in inventory systems. 	<p>repackaging of drugs and providing backend support in the automation processes.</p> <ul style="list-style-type: none"> Maintain the general cleanliness of the pharmacy premise and assist the operational supervisors. 	<ul style="list-style-type: none"> Various locations
Retail Assistant	<ul style="list-style-type: none"> GCE 'N' or 'O' Levels with at least 2 years of pharmacy retail experience. Customer-oriented, dynamic, and committed with hands-on experience in a retail store environment. 	<ul style="list-style-type: none"> Provide quality customer service and assist the retail supervisor in ensuring smooth operations in the retail pharmacy. Assist the supervisors in inventory management of the retail pharmacy and ensure accurate documentation in inventory systems. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5pm Various locations
Patient Service Associate (Mobile)	<ul style="list-style-type: none"> Diploma, Higher / Nitec qualification or GCE A/O/N level Experience in customer service / healthcare industry will be an advantage Positive thinker and team player with good communication and interpersonal skills Able to multi-task and work well in a fast-paced environment Computer literate and willing to learn Willing to travel and work on weekends when there is a project assigned. 	<ul style="list-style-type: none"> Reporting to the Laboratory/Radiographer In-Charge, you will provide excellent customer service to patients in the Laboratory and/or Radiography sections. You will be responsible for the reception of patients at NHG Diagnostics centres and/or the mobile fleets. Support other patient service functions including registration of patients, appointment scheduling, handling of queries, billing & payment collection and general administrative tasks as assigned. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5pm Various locations
Patient Service Associate	<ul style="list-style-type: none"> At least NITEC with 2-3 years of relevant working experience in the healthcare/ service industry. 	<ul style="list-style-type: none"> Reporting to the Laboratory-In-Charge, you will provide excellent customer service to patients in the Laboratory and Radiography sections. 	<ul style="list-style-type: none"> 5-days work week 8.30am to 5pm Various locations

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
	<ul style="list-style-type: none"> • A positive thinker, and team player with a pleasant disposition. • Able to communicate with mandarin speaking patients when needed. • Able to work well in a fast-paced environment. • Have strong customer service experience. • Basic computing knowledge and is willing to learn. • It will be an advantage if you are able to start work immediately. 	<ul style="list-style-type: none"> • You will be responsible for the reception of all appointments and walk-in patients at the laboratory and radiography clinic. • Other duties include answering incoming telephone calls, managing patients' registration, assisting in appointment scheduling, and performing general administration and cashier duties. 	

#7 National University Polyclinics

The National University Polyclinics (NUP) is a member of the National University Health System (NUHS), a leading academic health system and one of three public healthcare clusters in Singapore.

NUP provides primary care treatment for acute illnesses, management of chronic diseases, women and children health services, and dental care at its network of polyclinics at Bukit Batok, Bukit Panjang, Choa Chu Kang, Clementi, Jurong, Pioneer, and Queenstown (with Taman Jurong, Tengah and Yew Tee to come).

As part of an integrated academic health system, NUP collaborates with the hospitals and national specialty centres within NUHS as well as partners in the community, such as general practitioners, grassroots, and social care agencies, to provide patient-centred care for the population.

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Care Coordinator	<ul style="list-style-type: none"> Min. Diploma Pleasant disposition and personality. Possess good interpersonal skills, communication, and coordination skills. Team player. Self-motivated. Interest in patient care Ability to communicate in English and a local language/dialect to manage patients with linguistical limitations. Proficient in Microsoft Office including Excel, Words and Power Point. Savvy in navigating IT programs. 	<ul style="list-style-type: none"> Part of the multidisciplinary team to provide holistic care and empower patients and caregivers to take charge of their own health through technology, raise awareness and accessibility of available resources that can be tapped on, nudging them towards action. To build relationships with internal (care team) and external stakeholders (patients and caregivers). To contribute to achieving clinical outcomes for preventive health screenings and reduce readmission and escalations to tertiary care, and, to gather social determinants of health pertinent to influencing social and health outcomes in positive ways Leverage on technology to empower patients to improve health literacy and accessibility to resources Responsible for assisting in coordinating and providing patient care activities. This includes the use of IT systems to track, perform and document established clinical indicators and care given to patient. Perform basic parameter measurements, close preventive screening and vaccination gaps 	<ul style="list-style-type: none"> 5-days work week, 42hrs weekly Monday to Friday: 7.50am to 4.50pm, Saturday: 8am to 12pm Vacancies available at all clinics

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
		<p>in relation to national programmes/initiatives.</p> <ul style="list-style-type: none"> • Provide basic health education to improve patients' knowledge on lifestyle management, social and physical activities through social prescribing, the use of health monitoring devices e.g. home blood pressure, glucose and weight monitoring, as well as advise patients on vaccination requirements. 	
Patient Service Associate	<ul style="list-style-type: none"> • Diploma / GCE A / O / NITEC qualification. • Computer literate. • Pleasant disposition and personality. • Excellent interpersonal and communication skills. • Experience in frontline and customer service preferred. • Good team player with passion for service excellence. • Able to multi-task and work in a fast-paced and dynamic environment. 	<ul style="list-style-type: none"> • You will be involved in daily clinic operations' activities. Your main responsibilities will be to help patients navigate through the polyclinic through registration, scheduling and rescheduling appointments, processing referrals, and handling payments. • You will proactively promote and educate patients on the use of mobile applications and self-help functions, and onboard them into nationwide healthcare initiatives (e.g. Healthier SG) to promote self-care. • You will make a difference to the patients and community through facilitating and planning for programmes. This involves liaising with partnered vendors, planning for logistics and schedules to carry out the programmes. • You will be the first point of contact for patients to answer their general questions, perform initial health screening activities such as height and weight measurements, and administering blood pressure checks, and making outgoing calls to patients to address any urgent requests they have. You'll assist to provide administrative support to the clinic as needed. 	<ul style="list-style-type: none"> • 5.5-days work week, 42 hours weekly • Rostered staggered hours starting between 6.30am to 9.30am. Each day is 7.5hrs excluding 1hr lunch. If you are rostered to start early, you'll end earlier, and vice versa if you are rostered to start later. E.g. 8am – 4.30pm • Vacancies available at various polyclinics

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Therapy Assistant (Podiatry)	<ul style="list-style-type: none"> Higher Nitec with GCE 'N' or 'O' Level Credits in English, Mathematics and Science. WSQ Higher Certificate in Therapy Services will be an advantage. Willing to travel to different polyclinics and work on Saturdays. Service orientated with good listening and interpersonal skills. Good verbal and written communication skills in English and another language (Chinese, Malay, or Tamil). Ability to lift reasonable loads. Good time management. Able to work well both independently as well as part of a multidisciplinary team. Proficient in Microsoft Office. 	<ul style="list-style-type: none"> Screen for risk factors in the diabetic foot and determine the corresponding risk level. Recognise diabetic foot conditions and refer patients to the doctor/podiatrist for management. Deliver education on diabetic foot care to patients and/or caregivers. Provide clear documentation on the results of the diabetic foot screening. Adhere to legal, ethical, professional, departmental and organisational policies such as good infection control practices. Take part in activities that promote awareness of Podiatry. 	<ul style="list-style-type: none"> 5.5-days work week, 42 hours per week Rostered staggered hours starting between 6.30am to 9.30am. Each day is 7.5hrs excluding 1hr lunch. If you are rostered to start early, you'll end earlier, and vice versa if you are rostered to start later. E.g. 8am to 4.30pm Vacancies available at various polyclinics

#8 NUHS Regional Health System Office

As the Regional Health Manager for the western region of Singapore, the NUHS Regional Health System Office (RHSO) works in close collaboration with healthcare providers and our community care partners to meet the health and social care needs of the residents. This involves bringing care services closer to home and providing the tools and resources to empower Singaporeans to take ownership of their own health and wellness.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Community Health Coach	<ul style="list-style-type: none"> Diploma/Advance Diploma qualification or certifications relevant to healthcare industry is required. Has working experience in the healthcare industry is an advantage. Good knowledge of various community services and support in the community setting will be an advantage. Able to work in a team and independently. Strong communication and social engagement capabilities especially with older adults in the community. Strong organisational, coordination, and interpersonal skills. Proficient in computer skills and Microsoft Office. Able to converse in local languages is preferred. 	<ul style="list-style-type: none"> The Community Health Coach supports and empowers residents through personalised health coaching to embrace healthy lifestyle, manage their chronic disease conditions and improve quality of life. This includes working with residents on following-up with their health plan developed by primary care providers and community nurses, and facilitating their active participation in health-related programmes organised by community partners, such as Active Ageing Centres. He/she shall participate and organise health education programmes and community health screening events. 	<ul style="list-style-type: none"> 5-days work week 42 hours per week Various locations
Community Health Manager	<ul style="list-style-type: none"> A degree relevant to health or social sciences is preferred. Knowledge and experience in case management is an added advantage. Work experience in the health or social service sector is an advantage. Abilities to integrate health and social 	<ul style="list-style-type: none"> The Community Health Manager is required to provide social-health assessment, coaching and case management for residents with complex social and health needs, in collaboration with social care providers and the RHSO Community Care Team, including nurses, medical social workers and doctors. 	<ul style="list-style-type: none"> 5-days work week 42 hours per week Various locations

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
	<p>knowledge in case management would be critical.</p> <ul style="list-style-type: none"> • Able to communicate, network and collaborate with stakeholders. • Able to work independently and collaboratively within a team. • Strong organisational, coordination, and interpersonal skills. • Proficient in computer skills and Microsoft Office. • Able to converse in local languages is preferred. 	<ul style="list-style-type: none"> • He/she is required to lead and supervise Health Coaches in partnership with community agencies in preventive health, and to address issues of social determinants of health, to be effective in client outcomes. • He/she shall coordinate case/group/ multi-disciplinary discussions, and community development activities and programmes to improve population health. 	

#9 Orange Valley Nursing Homes Pte. Ltd.

Established in 1993 with a 108-bed nursing home, Orange Valley is now a leading eldercare provider in Singapore, operating 5 nursing homes with 900+ beds. Our services include long-term residential care, short-term respite care, day care, dementia care and rehabilitative care. With our comprehensive range of eldercare services, Orange Valley aims to be your partner in ageing.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Centre Coordinator	<ul style="list-style-type: none"> Any other knowledge required. Good communication & interpersonal skills. Preferably with interest and passion for the elderly. Basic Computer skills for activities, documentation and recording. Experience in healthcare/community care setting would be an advantage. 	<ul style="list-style-type: none"> Programme planning and implementation for active ageing programme, befriending and buddying, information, and referral to care service, and management of emergency of alert response call. Do Community Screening to identify the needs. Provide and promote a variety of activities such as karaoke, arts & craft, cooking, and exercise programmes. Develop and implement Outreach plan/follow-up visits to seniors in the identified blocks. Provide social support to seniors through house visits and phone calls. Provide information on schemes, grants, and support. Raise referrals to appropriate services. Develop and implement annual calendar plan of social and health activities for seniors. Ensure that the programmes and activities meet the performance indicators and operating guidelines issued by MOH, AIC via the reporting systems, administration of the Client Satisfaction Questionnaire (CSQ), half-yearly report on the programmes and services, outcome management framework, etc. Volunteer Management Establish and motivate seniors to run mutual help groups. Conduct activities and programmes of the AAC to 	<ul style="list-style-type: none"> 5.25-days work week 44 hours per week Singapore 343115

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
		<p>promotes a community climate of multi-racial tolerance, harmony, and co-operation among residents.</p> <ul style="list-style-type: none"> • Network with other agencies to establish additional avenues of help for the welfare of the seniors. 	
Care Associate	<ul style="list-style-type: none"> • Good communication and Interpersonal skills • Passionate in taking care Elderly. • To transfer and/or lift client with proper manner. • Experience in healthcare/community care setting would be an advantage. 	<ul style="list-style-type: none"> • Assist RN in Delivering nursing and custodial care and assist PT/OT in programme/activities implementation to Day care clients. • Assist in consulting and coordinating with health care team to assess, plan, implement and evaluate client's condition. • Assist in developing, reviewing, and updating ICP with multiple disciplinary approach and Person- Centred Care approach. • Support and help the Nursing staff in providing the Clients with custodial care such as medication assistance toileting, Changing of Diaper, assist clients in eating. • Facilitate and/or assist in group/individualised exercise programmes and activities to SCC clients. • Provide safe transport escort services. • Work together with other MDT members for behaviour issues addressed from Dementia Day Care clients and any other Day Care Clients. 	<ul style="list-style-type: none"> • 5-days work week • 44 hours per week • Singapore 343115

#10 Outward Bound Singapore

Outward Bound Singapore (OBS) is a division of the National Youth Council that specialises in outdoor adventure education and leadership development. Based primarily at Pulau Ubin and Punggol, OBS provides challenging outdoor learning experiences designed to build resilience, leadership capabilities, and character in Singapore's youth and working adults.

Through its signature outdoor adventure programmes, participants engage in activities like sea expeditions, rock climbing, trekking, and team-building challenges. These experiences are carefully structured to foster personal growth, self-discovery, and the development of social emotional competencies.

Since its establishment in 1967, OBS has played a vital role in youth development in Singapore, working closely with schools, organisations, and government agencies to deliver programmes that align with national objectives for building a more resilient population.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Instructor	<ul style="list-style-type: none"> No specific technical skills or certifications needed as Trainee Instructors would undergo a rigorous 6-months Basic Instructor Training to equip them with the required certifications and training to lead a group safely and facilitate their learning outdoors. There is however an immersive 3-day 2-night Instructor Selection Process that is compulsory for shortlisted applicants, where they will experience mentally and physically challenging but rewarding activities to demonstrate their abilities. 	<ul style="list-style-type: none"> OBS Instructor's key role is to help our youth draw impactful learning through purposeful outdoor adventure experiences. They do this via the safe conduct of and facilitating the learning from outdoor adventure activities (land, height and water-based) for a group of 12-14 Secondary 3 students under their care. Instructors are required to supervise their groups throughout the 5-days 4-nights programme. 	<ul style="list-style-type: none"> 5-days work week 8.15am to 5.45pm for non-programme / course support / residential training days Various locations

#11 Q&M Dental Group (Singapore) Limited

Q&M Dental Group ('Q & M') was first established in November 1996 in Singapore. It is now the largest private dental healthcare group in Singapore with over 100 dental clinics located in various locations island wide. Among our more than 270 qualified and experienced dentists, about 40 are specialists or dentists who have undergone extensive post-graduate training either locally or from various established training institutions overseas.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Dental Executive	<ul style="list-style-type: none"> Graduate with at least a Diploma. Proficient in English and bilingual. Good Communication and Interpersonal skills. Able to work shifts and weekends / Public Holidays. No experience is needed, training will be provided, and fresh graduates are welcome to apply. 	<ul style="list-style-type: none"> Prepares a working space in a dental facility for dental procedures. Assists dental surgeon(s) in all forms of dental treatment. Ensures smooth clinic operation on a day-to-day basis. Ensure all patients are attended to promptly and courteously. Ensure all clinic equipment is in good working condition. Ensure a high standard of infection control. Any ad-hoc duties assigned by Area Manager from time-to-time basis. 	<ul style="list-style-type: none"> 5-days work week Shift work: AM: 9am to 6pm PM: 2pm to 9pm Various locations

#12 SJ Defence Services Pte Ltd

At SJ Defence's Fitness and Wellness Division (FWD), we are dedicated to empowering individuals and communities to achieve their desired quality of life through professional and sustainable fitness and wellness solutions.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Lifeguard	<ul style="list-style-type: none"> • Possess a Bronze Medallion. • A valid and recognised Lifesaving Certificate. • Possess a valid CPR/AED and Standard First-Aid certification preferred. 	<ul style="list-style-type: none"> • Supervising the area at regular intervals to ensure the safety of swimmers and prevent any injuries and reacting immediately to any emergency and identify any possible signs of distress. • Provide pool rescue in accordance with set emergency procedures. • Inform users when necessary to abide by the rules and regulations of the swimming complexes. • To be involved in the swimming complex's annual and/or periodic assessment efforts; including efforts to improve safety levels, such as reviewing risk assessment plan where required and promote the use of Par-Q. • Conduct Water Sampling Test and report to appointed personnel. • Familiarise with swimming complexes' SOPs and adhere to pool surveillance procedure and emergency action plans. 	<ul style="list-style-type: none"> • 5-days work week • 44 hours per week • Singapore 636741
Fitness Trainer	<ul style="list-style-type: none"> • BMI of 25 or below. • Possess a valid Standard First-Aid certification preferred. • Possess a minimum academic qualification equivalent to NITEC in Fitness Training or any fitness certification. 	<ul style="list-style-type: none"> • Conduct group level fitness training in accordance with lesson plans. • Conduct fitness assessments (e.g IPPT). • Implement, manage and enforce safe management measures accordance to stipulated rules and regulations. • Reporting of training equipment defect, facility issues and any physical/potential hazards. 	<ul style="list-style-type: none"> • 5-days work week • 44 hours per week • Singapore 636741

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
		<ul style="list-style-type: none">• Perform risk assessment and enforcement of safety measures during training activities.• Assist in organising events or programmes.• Ad-hoc duties as assigned.	

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#13 TOUCH Community Services

TOUCH works to help individuals of all background grow and contribute meaningfully to society. Its Vision 2030 aims to build Strong Families, Caring Generations, and Enabled Communities in Singapore.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Program Officer	<ul style="list-style-type: none"> Diploma holder in any discipline. Comfortable working in an outdoor adventure setting. Team player with strong interpersonal skills and ability to work cohesively in a team environment and across diverse cultures. Good facilitation, organizational and project management skills. 	<ul style="list-style-type: none"> Design and implement educational camps for youths that incorporate adventure-based learning to help them discover their potential beyond their curriculum-based abilities. 	<ul style="list-style-type: none"> 5-days work week 9am to 6pm Singapore 150162
Mentor	<ul style="list-style-type: none"> Minimum age of 18 years old (or as specified by the programme). Comfortable working in an outdoor adventure setting. Team player with strong interpersonal skills and ability to work cohesively in a team environment and across diverse cultures. Good facilitation, organizational and project management skills. 	<ul style="list-style-type: none"> The Camp Mentor plays a key role in supporting and engaging participants throughout the camp experience. Assigned to a specific group, the Mentor accompanies participants during the entire camp programme, helping to facilitate activities, encourage participation, and ensure a positive and safe environment. 	<ul style="list-style-type: none"> 3-days work week Day Programs, Overnight Camps Singapore 150162

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#14 True Yoga Pte Ltd

Established in late 2004, True Group is one of Asia's largest fitness and wellness groups, which mainly consists of businesses in fitness and yoga. The Group has four conveniently located True Fitness Centres and three TFX clubs.

Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
Personal Trainer / Fitness Instructor	<ul style="list-style-type: none"> • A serious love for fitness and a strong desire to help others live healthier lives • A friendly, patient, team-first attitude and a good sense of integrity • A go-getter mindset—you're driven and always looking to raise the bar • Flexible with your schedule because you get that working around your clients' availability is necessary (yep, sometimes that means off-hours and public holidays too!) • If you're enthusiastic, driven, and ready to be part of something great, we want to hear from you. • Come build your future—and help others build theirs—with TRUE Group. • Apply now and make your mark! 	<p>What You'll Be Doing (aka How You'll Make an Impact):</p> <ul style="list-style-type: none"> • Be the kind of trainer members look up to—credible, inspiring, and approachable. • Proactive in engaging, connecting, and reaching out to potential clients—you're the first step in their fitness story. • Take initiative in acquiring new clients and build your own personal training portfolio. • Tailor training plans customized for each client's body, goals, and lifestyle. • Maintain a safe, clean, and conducive gym environment. • Live and breathe the core values of the fitness profession of TRUE Group. • Be an awesome teammate and help with daily operations responsibilities. 	<ul style="list-style-type: none"> • 6-days work week • 11am to 8pm • Various locations
Customer Service Executive	<ul style="list-style-type: none"> • Keen on pursuing a career in a fast-paced environment. • Possess a good sense of customer service, responsibility and integrity. • Basic computer literacy/knowledge in Microsoft office. • Able to commit to a 5.5-day work week and shift hour. 	<ul style="list-style-type: none"> • Support the smooth running of the day-to-day operations of the gym. • Greet and check in members and verify memberships. • Ensure cleanliness and maintenance of all gym equipment. • Attend to customer inquiries through various channels such as phone, email, person. 	<ul style="list-style-type: none"> • 5-days work week • Rotating shift basis • Various locations

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Job Positions	Pre-requisites	Key Responsibilities	Working Hours / Location
		<ul style="list-style-type: none">Any other ad-hoc task / duties that may be assigned by club management from time to time.	

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#15 e2i services

e2i Services

- Career Coaching & Job Matching
- Skills Future Advice

We have compiled a list of resources for you to widen your search, sharpen your skills, and receive funding support.

Meet an e2i Career Coach

For jobseekers who need to speak to a career coach for career advisory and support, they can make an appointment online to meet up with an e2i coach for one-to-one coaching.



<https://e2i.com.sg/app>

You can also reach them at the following centres (By appointment only):

**e2i Career Centre
(Devan Nair Institute for Employment and Employability)**

80 Jurong East St 21,
Level 2, Singapore 609607

Operating Hours

Mondays: 2:30pm – 5:00pm
Tuesdays – Fridays: 9:00am – 5:00pm
Saturdays: 9:00am – 1:00pm

**e2i Career Centre
(One Marina Boulevard)**

1 Marina Boulevard, #B1-03,
Singapore 018989

Operating Hours

Mondays: 2:30pm – 5:00pm
Tuesdays – Fridays: 9:00am – 5:00pm
Saturdays: 9:00am – 1:00pm

**e2i Career Centre
(Our Tampines Hub)**

ServiceSG Centre Our Tampines Hub,
1 Tampines Walk, #01-21,
Singapore 528523

Operating Hours

Mondays: 2:30pm – 5:00pm
Tuesdays – Fridays: 9:00am – 5:00pm
Saturdays: 9:00am – 1:00pm

**e2i Career Centre
(Woodlands Civic Centre)**

ServiceSG Centre Woodlands,
900 South Woodlands Drive,
#03-01 Woodlands Civic Centre,
Singapore 730900

Or make an appointment at any of our 23 Jobs & Skills Centres located island wide:

<https://www.e2i.com.sg/locations/#SGUJSC>

NTUC Job Security Council's Telegram Channels

Be alerted to daily on the latest job vacancies from hiring companies

Subscribe to **PMET Job-Alert**

(e.g. Analysts, Engineers, Executives, Technicians etc)

<https://bit.ly/jsc-ja-pmet>



Subscribe to Non-**PMET Job-Alert**

(e.g. Temporary, Part-time jobs, Operators, Packer roles)

<https://bit.ly/jsc-ja-nonpmet>

